

INSTRUCTIONS FOR YOUR STAY IN A SAFESHELTER

If you plan to stay in a safe shelter you have to :

- Take food such as :
 - Bricks of juice and/or milk
 - Bread, Rusks and biscuits
 - Energy bars, chocolate bars
- Equip yourself with useful materials such as :
 - Personal effects (toilet bag, towel, change, cutlery...)
 - Sheets or blankets
 - A first-aid kit
 - Flashlight and radio with batteries
- Think about bringing :
 - Your identity cards
 - Your important documents
 - Your medication and the prescription in case of current medical treatment
 - Your health and/or vaccine record
- Provide the necessary if you have very young children :
 - Food (milk, feeding-bottle, food jars)
 - Comfort (plastic basin, cleansing products, changes)
 - Medical (existing emergency treatment)
- If you have a heavy medical treatment or if you have important health problems, please contact your medical specialist or the hospital that will decide what to do in your case.
- When you leave your home :
 - Notify your neighbors, family and friends about your destination
 - Secure your home the best you can (cut off power and gas, put your mobile equipments inside the house...)

ATTENTION

In a safe shelter:

- The rules of life in society should always be practiced (citizenship, hygiene, cleanliness, conviviality, respect for others)
- Alcohol and the tobacco are prohibited
- The use of fire, weapons or sharp objects should be avoided
- Containment is mandatory and applies to all
- The persons in charge designated by the Collectivité will be the only interlocutors with the Headquarter
- The presence of police officers will be considered for the good order and the security.